



THE FORUM SCHOOL
NATIONAL SCHOOL LUNCH PROGRAM
SEPTEMBER 2026

*Fruit Juice Available Everyday
 *Whole Grain Bread Available Everyday

*Green Salad Served Everyday
 *Fresh **FRUIT** and Milk Choice Available Everyday

<u>DATE</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Week Of: 9/7 		Pizza Muffins Plain OR Pepperoni Chick Pea Vinaigrette	Meatballs (Pork & Beef) Whole grain Pasta Marinara Sauce Broccoli Kidney Beans	Cheese Burgers Veggie Burgers Sweet Potato Fries Corn Pear, Blue Cheese & Cranberry Salad	Cheese Quesadillas Yellow Rice Black Beans Red Cabbage & Cranberries
Week Of: 9/14 	Turkey Hot Dogs Baked Beans Broccoli W/Garlic Brown Rice	Sloppy Joes Veggie Burgers Carrots Brown Rice & Beans Roasted Zucchini Pickled Beets (Cold)	Chick Nuggets Steak Fries Corn Summer Squash Soup	BBQ Chicken (Off Bone) Green Beans Mashed Potatoes Roasted Broccoli Macaroni Salad W.W. Dinner Roll	Tacos Peas & Carrots Brown Rice Black Beans Chick Peas w/Tomato Sauce
Week Of: 9/21 	Toasted Cheese Sandwiches Tomato Soup Green Bean Casserole	Italian Sausage (Pork) Peppers & Onions Brown Rice Cauliflower Veggie Burgers	<u>Sandwich Day</u> Ham & Cheese Egg Salad Tuna Cheese Sunbutter & Jelly	Lemon Chicken Brown Rice Carrots Broccoli & Cauliflower W.W. Dinner Roll	Baked Penne Pasta Marinara Sauce OR Meat Sauce Green Beans White Bean Soup
Week Of: 9/28 	Turkey Burgers Veggie Burgers Sweet Potato Fries Corn Lentil Soup	Chicken Parmesan Casserole W.W. Pasta Marinara Sauce Broccoli W.W. Dinner Roll	Macaroni & Cheese Tomato Soup Green Beans Pinto Beans	Chicken & Broccoli Stir Fry (Soy) Sweet Potatoes Brown Rice Bow-Tie Pasta w/ Peas Macaroni Salad	Fish Sticks Tater Tots Beets (Warm) Kidney Beans



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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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Para presentar una queja por discriminación en el programa, el reclamante debe llenar un formulario AD-3027, formulario de queja por discriminación en el programa del USDA, el cual puede obtenerse en línea en: <https://www.fns.usda.gov/sites/default/files/resource-files/usdaprogram-discrimination-complaint-form-spanish.pdf>, de cualquier oficina de USDA, llamando al (866) 632-9992, o escribiendo una carta dirigida a USDA. La carta debe contener el nombre del demandante, la dirección, el número de teléfono y una descripción escrita de la acción discriminatoria alegada con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR) sobre la naturaleza y fecha de una presunta violación de derechos civiles. El formulario AD-3027 completado o la carta debe presentarse a USDA por:

1. **correo:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:**
(833) 256-1665 o (202) 690-7442; o
3. **correo electrónico:**
program.intake@usda.gov

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