






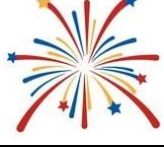


THE FORUM SCHOOL
NATIONAL SCHOOL LUNCH PROGRAM
JULY 2026

*Fruit Juice Available Everyday

*Whole Grain Bread Available Everyday

*Green Salad Served Everyday

*Fresh **FRUIT** and Milk Choice Available Everyday

<u>DATE</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Week Of: 7/1 			Toasted Cheese Sandwiches Tomato Soup Green Beans	BBQ Chicken (Off Bone) Rice & Beans Broccoli	Sausage (Pork & Beef) Peppers & Onions Quinoa Lentil Soup
Week Of: 7/6 	Whole Wheat Pizza Muffins Plain OR Pepperoni Caesar Salad	<u>Sandwich Day</u> Ham & Cheese Tuna Cheese Sunbutter & Jelly Hummus	Baked Penne (Vegetarian) Meat Sauce OR Marinara Sauce Broccoli	Cheese Burgers Veggie Burgers Steak Fries Brown Rice & Beans	Fish Sticks Sweet Potato Fries Corn Peas & Carrots
Week Of: 7/13 	Macaroni & Cheese Tomato Soup Broccoli	<u>Hero Sandwich Day</u> Meat & Cheese Combination OR Plain Cheese (Cheese Only) Macaroni Salad	Chicken Nuggets Brown Rice Corn Beets (Warm)	W.W. Pasta Meat Sauce OR Marinara Sauce Buttered Cabbage Kidney Beans	French Bread Pizza Plain OR Pepperoni
Week Of: 7/20 	Sloppy Joes Brown Rice & Beans Corn	<u>Sandwich Day</u> Cheese Ham Tuna Sunbutter & Jelly	<u>Salad Day</u> Chef Salad Beet Salad Chick Pea Vinaigrette (Plus the usual items)	Turkey Hot Dogs Baked Beans	PIZZA 



THE FORUM SCHOOL
NATIONAL SCHOOL LUNCH PROGRAM
JULY 2026

*Fruit Juice Available Everyday

*Whole Grain Bread Available Everyday

*Green Salad Served Everyday

*Fresh **FRUIT** and Milk Choice Available Everyday

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

De acuerdo con la ley federal de derechos civiles y las normas y políticas de derechos civiles del Departamento de Agricultura de los Estados Unidos (USDA), esta entidad está prohibida de discriminar por motivos de raza, color, origen nacional, sexo (incluyendo identidad de género y orientación sexual), discapacidad, edad, o represalia o retorsión por actividades previas de derechos civiles.

La información sobre el programa puede estar disponible en otros idiomas que no sean el inglés. Las personas con discapacidades que requieren medios alternos de comunicación para obtener la información del programa (por ejemplo, Braille, letra grande, cinta de audio, lenguaje de señas americano (ASL), etc.) deben comunicarse con la agencia local o estatal responsable de administrar el programa o con el Centro TARGET del USDA al (202) 720-2600 (voz y TTY) o comuníquese con el USDA a través del Servicio Federal de Retransmisión al (800) 877-8339.

Para presentar una queja por discriminación en el programa, el reclamante debe llenar un formulario AD-3027, formulario de queja por discriminación en el programa del USDA, el cual puede obtenerse en línea en: <https://www.fns.usda.gov/sites/default/files/resource-files/usdaprogram-discrimination-complaint-form-spanish.pdf>, de cualquier oficina de USDA, llamando al (866) 632-9992, o escribiendo una carta dirigida a USDA. La carta debe contener el nombre del demandante, la dirección, el número de teléfono y una descripción escrita de la acción discriminatoria alegada con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR) sobre la naturaleza y fecha de una presunta violación de derechos civiles. El formulario AD-3027 completado o la carta debe presentarse a USDA por:

- 1. correo:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
- 2. fax:**
(833) 256-1665 o (202) 690-7442; o
- 3. correo electrónico:**
program.intake@usda.gov

Esta institución es un proveedor que ofrece igualdad de oportunidades.