








THE FORUM SCHOOL
NATIONAL SCHOOL LUNCH PROGRAM
NOVEMBER 2024

*Fruit Juice Available Everyday

*Whole Grain Bread Available Everyday

*Green Salad Served Everyday

*Fresh **FRUIT** and Milk Choice Available Everyday

<u>DATE</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Week Of: 11/4 	BBQ Chicken on bone Sweet Potatoes Brown Rice Green Beans	Turkey Burgers Veggie Burgers Quinoa Pinto Beans Spinach Parmesan	Meatballs (Pork & Beef) Marinara Sauce Whole Grain Pasta Minestrone Soup Pear, Blue Cheese & Cranberry Salad	Toasted Cheese Sandwiches Tomato Soup Green Bean Casserole Peas & Carrots	Chicken Nuggets French Fries Corn
Week Of: 11/11 	SCHOOL CLOSED 	Baked Penne (Vegetarian) Marinara OR Meat Sauce Broccoli Lentil Soup	Sloppy Joe's Veggie Burgers Steak Fries Corn Split Pea Soup	<u>SANDWICH DAY</u> Ham Egg Salad Tuna Cheese Sunbutter & Jelly Chick Pea Vinaigrette	SCHOOL CLOSED 
Week Of: 11/18 	Cheese Quesadillas Yellow Rice Black Beans Broccoli Beets (Warm)	Cheeseburger Veggie Burger Sweet Potato fries Green Beans Lentil Soup	Italian Sausage (pork) Peppers & Onions Roasted Parsnips & Carrots Broccoli Whole Wheat Dinner Roll	<u>Hero Sandwich Day</u> Meat & Cheese OR Cheese Only Caesar Salad	Fish Sticks Tater Tots Black Beans Corn Pickled Beet Salad
Week Of: 11/25 	Turkey Hot Dogs Baked Beans Broccoli & Cauliflower Casserole	Toasted Cheese Sandwich Tomato Soup Kidney Beans Carrots	Hot Turkey Slices w/Gravy Whole Wheat Dinner Roll Sweet Potatoes Roasted Potatoes Broccoli		

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In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:**
(833) 256-1665 or (202) 690-7442; or
3. **email:**
program.intake@usda.gov

This institution is an equal opportunity provider.

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USDA Nondiscrimination Statement 2022 (Spanish Translation)

De acuerdo con la ley federal de derechos civiles y las normas y políticas de derechos civiles del Departamento de Agricultura de los Estados Unidos (USDA), esta entidad está prohibida de discriminar por motivos de raza, color, origen nacional, sexo (incluyendo identidad de género y orientación sexual), discapacidad, edad, o represalia o retorsión por actividades previas de derechos civiles.

La información sobre el programa puede estar disponible en otros idiomas que no sean el inglés. Las personas con discapacidades que requieren medios alternos de comunicación para obtener la información del programa (por ejemplo, Braille, letra grande, cinta de audio, lenguaje de señas americano (ASL), etc.) deben comunicarse con la agencia local o estatal responsable de administrar el programa o con el Centro TARGET del USDA al (202) 720-2600 (voz y TTY) o comuníquese con el USDA a través del Servicio Federal de Retransmisión al (800) 877-8339.

Para presentar una queja por discriminación en el programa, el reclamante debe llenar un formulario AD-3027, formulario de queja por discriminación en el programa del USDA, el cual puede obtenerse en línea en: <https://www.fns.usda.gov/sites/default/files/resource-files/usdaprogram-discrimination-complaint-form-spanish.pdf>, de cualquier oficina de USDA, llamando al (866) 632-9992, o escribiendo una carta dirigida a USDA. La carta debe contener el nombre del demandante, la dirección, el número de teléfono y una descripción escrita de la acción discriminatoria alegada con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR) sobre la naturaleza y fecha de una presunta violación de derechos civiles. El formulario AD-3027 completado o la carta debe presentarse a USDA por:

1. correo:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 o (202) 690-7442; o

3. correo electrónico:

program.intake@usda.gov

Esta institución es un proveedor que ofrece igualdad de oportunidades.